

## Affordable and Compassionate Senior Care Services

At RCM Homecare everyone is family. Our goal is to provide trustworthy, kindhearted, senior and disabled care for your loved ones at home. All of our professional care givers are thoroughly screened, extensively trained, professional, and reliable.

### Our Health Care Goal

To provide highest-quality home care services to fit you and your family's needs during their time of transition.

Contact Ruth Mickens at (614) 300-7694 or [rcmhomecare.com](http://rcmhomecare.com) to get the care you and your loved one deserves today!

Keeping Up Your Quality of Life

Quality Home Medical Care



Ruth Mickens  
(614) 300-7694  
[info@rcmhomecare.com](mailto:info@rcmhomecare.com)  
[rcmhomecare.com](http://rcmhomecare.com)

RCM Homecare  
Keeping Up Your Quality of Life



# Quality Home Medical Care



RCM Homecare provides elderly and people with long-term illnesses and/or disabilities with the best in-home care possible.

Available 24 hours a day, 365 days a year our rates are based upon the client's specific needs and type of medical care needed. We also offer discounted rates for overnight stays with at least 2 night minimum duration.

Our friendly caregivers are professional, reliable and have been thoroughly screened and trained as State Tested Nurse Assistants (STNA or CNA) or Home Health Aides (HHA).

It's easy to get the type of care you or your loved one deserves today. Go to our website [www.rcmhomecare.com](http://www.rcmhomecare.com):

- Click on "Patient Sign Up".
- Fill out an application form.
- Select a care plan.
- Pay the \$50 processing fee.

A member of the RCM Homecare staff will then contact you to schedule an in-home interview to determine the type of caregiver needed.

We accept most insurance policies. Contact Ruth Mickens at (614) 300-7694 or [rcmhomecare.com](http://rcmhomecare.com) to learn more.

## RCM Homecare STNA Caregiver

Our STNA caregivers work under a direct supervision plan provided by professional medical provider and performs the following home care services:

- Provides assistance to patients with daily living tasks
- Provides basic nursing and personal care skills such as bed making, assistance with meals, nutrition, fluid needs, bathing, grooming, dressing, positioning, walking, transferring and vital signs.
- Provides vital information to the licensed nurse and health care team.

## RCM Homecare HHA Caregiver

Our HHA caregivers work under a direct supervision plan professional medical providers and performs many of the same duties as the STNA. In addition, the HHA also performs:

- Housekeeping chores such as laundry, light housekeeping, grocery planning, and shopping.
- Preparing and serving meals to patients.

## Testimonials

*"RCM Homecare provided my mom with great care and support after her stroke. I would recommend them to anyone who wants quality care for their loved ones."*



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